

The first team proved why they are back to back EAPL champions by beating current league leaders Frinton by 160 runs.

The top three (us, Frinton and Swardeston) are now separated by only four points.

Skipper Adam Mansfield won the toss and elected to bat. His opening partner Martyn Cull hit an excellent 64.

He was joined by Darren Batch (38) and they put on a 99 run partnership.

James Poulson also showed his hand with the bat at the end of the innings as he scored 52\* off 40 balls.

We set Frinton 256 to win. But what happened next nobody expected.

As regular wickets started to fall we bowled Frinton out for 96 as Darren Batch claimed the last wicket to seal the victory.

It is now all to play for as the league format now returns to the final six Limited 50 over matches.

The first team travel away to Copdock this week as they look to edge nearer to first place.

The second team also had a must win game last Saturday but they couldn't pull off the same heroics as the first team.

The twos welcomed Great Dunmow one of two teams below us to Friars Street.

Dunmow managed to get 276-2 from their 45 overs. Our fielding let us down again this week as we gave away at least 70 runs with silly misfields and not being awake in the field. It also seemed as if some of our players thought they were on the football pitch as the majority opted to 'try' and stop the ball without their hands.

Although our bowlers were hit to all parts of Friars Street a special mention must go to Lucy Amos and Bella Fairs who both bowled really well and restricted the Dunmow batters as best they could.

It's definitely the first time the second team have had two ladies playing for them and I also think we might be the first team ever in Division Two to field two ladies. It's a good sign of the times and shows we have some very good juniors coming up through our club.

In reply, it was only really captain Dale Brett (54) and Matt Pears (44) who applied themselves with the bat as we were all out for 196 and only claimed five points from the match.

Although we did lose it was a very personal highlight for me as I shared the pitch with my Dad Will Amos and little Sister Lucy for the first time on a Saturday.

This week the twos take on Clacton-On-Sea at home again as they look to get out of the relegation zone. Please do come down and show your support for the Talbots.

The third team travelled away to top of the league Chappel and Walkes Colne last Saturday. Chappel are a side who are going through the ranks and are far too good for Division Eight.

The hosts won the toss and elected to bat first.

They scored 277 one more than what Dunmow did against the second team.

Ben Duncan (3-76) and Alex Parker (3-80 on debut) were the pick of the bowlers.

In return, stand in captain Chris Cook 52\* led the way with support from Andy Holness (38) and 25 each from Andy Clark and Charlie Thomas as we finished on 156-7.

It was a shame to see Chris Miller run out without facing as a couple of weeks ago I made the bold statement of him being in the 'form of his life' but it must have been commentators curse as he hasn't scored a run since!

The thirds go again this week away to Maldon.

On Sunday, the first team suffered another shock defeat at the hands of West Bergholt.

Stand in captain Phil Halliday won the toss and elected to bowl first on a deck that at first glance looked to be ok, but boy were we wrong.

The hosts posted 110 all out with Ben Duncan taking another three wickets.

In reply, we were all out for 67. Although the West Bergholt bowlers bowled tight lines it really was a hard pitch to bat on with the ball popping off a length and staying low. It just shows how lucky we are to play at Sudbury.

On Friday, the senior T20 side secured their place at finals day as they beat Copdock at home.

Copdock looked set to post over 200 but after a middle order collapse only managed to post 129 - Phil Halliday (3-9) pick of the bowlers.

In return, Dale Brett (50\*) and Darren Batch (42) saw us over the line.

There's still plenty more cricket for you to watch this season so make sure you come down to Friars Street at the weekend to support our boys and girls.